**I. Welcome**

* Catalina Flores-Rau opens the meeting at 12:04pm (9/4/24) and provides welcome statement
* Meeting minutes will be posted to SHAC website within 10 days
* Catalina provides a general SHAC overview
  + SHAC executive team and district personnel introduces
  + Highlights the vision for the 2024-25 academic year

**II. Presentations**

* Mental Health at FBISD
  + Overview of Multi-Tier System of Support (Tiers 1-3)
    - Most services provided fall under Tier 1 (e.g., classroom guidance lessons, classroom management, SEL lessons)
    - Social workers come in at Tier 2 (e.g., mentoring, home visits, individual and group sessions [with parental consent]); school counselors and behavior facilitators support as well
    - Tier 3 - intensive and individualized therapy (e.g., crisis intervention, referral to district mental health therapist [LPC/LCSW], community mental health partner)
      * Two new community partners coming on board this year; this means each campus (n=80) now has access to a community partner
      * Tier 3 - Parent permission needed to refer for mental health services
      * Billing options include VOCA grant, insurance, private pay, no pay
      * 2023-24 descriptive stats: 470 students received Tier 3 services, 4204 clinic sessions conducted at no cost to parent, 19 therapists provided services
  + Needs assessment completed annually for each campus
  + Description of Comprehensive School Counseling Program (4 components)
    - System support, individual planning, responsive services, and guidance curriculum
  + Questions from audience:
    - Clarifications on acronyms (Ayesha Salem)
      * VOCA - victims of crime grant
      * LPC - licensed professional counselor
      * MHT - mental health therapist
      * LCSW - licensed clinical social workers
    - What is the referral process if the students isn’t the one reaching out (Jigisha Doshi)
      * Counseling team has good relationships with teachers and staff on campuses and will reach out to parents
    - Can students refer their friends? (Jigisha Doshi)
      * Yes - they can tell pretty much any adult on the campus; it will all get back to the counselor
    - Is there a way to find out who community partners are for each campus (Eugenia Peck)
      * Community partners are listed on FBISD website, school counselors at each campus are able to provide specific info
      * Special ed students in Tier 3- are parent permissions required?
        + LSC - licensed in school psych will make these referrals
    - What are the criteria for progressing students form one tier to another? (student)
      * School counselors help with this, they have closest relationship with student; typically, determined on a student-by-student basis
    - VOCA (Catalina Flores-Rau)
      * What qualifies?
        + Any type of abuse, bullying, things that happen in the community (e.g., DUI, DWI, hit & run car accident)
    - What is the process for parental consent when the parent is the one abusing? (CFR)
      * FBISD counselors call CPS to assist; counselors are also trained to see warning signs
* Student Wellness Coalition (Lori Sartain)
  + PAC - Professionalism, Accountability, and Communication
  + Overview of the Student Wellness Committee (by Hightower HS Student Reps)
    - Campus level involvement
      * Try to engage students in 4 pillars of health (physical, mental, nutritional, social)
      * Meetings on campus with students help address barriers to healthy living and advocating/promoting the pillars of health
    - Currently working on preparations for food fair & staff wellness fair
* Voter Registration (Chassidy Olainu-Adale)
  + HS students are to receive 2 opportunities to vote each year in public school setting
  + Encourage others to engage with social media advocacy efforts posted by the district
* Whole Child Health Sound Bites (Lori Sartain)
  + “Sound Bites” - short tidbits of information, in a video series format, to promote various health efforts. This will be disseminated via the district’s Facebook, Instagram, etc.
  + First video entitled, “You are not alone” delivered by Lori Sartain was played for the group

**III. Administration**

* Vote on previous meeting minutes (Derek Craig)
  + Motion to approve the minutes: Allison Thummel
  + 2nd motion to approve: Jigisha Doshi
  + All in favor: Yes
  + Any opposed: None
* Brain break provided by SWC
* Upcoming events (LaDonna Green)
  + Suicide prevention week (9/8 - 9/14)
  + September is childhood cancer month
  + Turn it gold - National Childhood Cancer Awareness month
  + September sound bites (9/3 & 9/17)

**IV. Closed Session**

* The audience met in groups based on feeder patterns to discuss mental health services offered to students and complete the questions on the Google form

**V. Meeting Closure**

* Meeting closed by Catalina Flores-Rau at 1:28pm

**Attendance**

SHAC Members present on 9/4/24 Visitors present on 9/4/24

1. Angie Hanan BOARD, 1. Kathleen Jones Graves

2. Nichole Brathwaite-Dingle, MD COMMUNITY, 2. Beth Garcia

3. Sandy Bristow COMMUNITY, 3. Cynthia Huang

4. Derek Craig, PhD COMMUNITY, 4. Kayla Williams

5. Doug Earle COMMUNITY, 5. Christina Brittingham

6. Grayle James COMMUNITY, 6. Chanel Sims-Sumpter

7. Pilar Westbrook, Ed.D DISTRICT, 7. Vidhya Venkatesan

8. Jennifer Chadwick DISTRICT, 8. Maria Johnson

9. LaDonna Green DISTRICT,

10. Lori Sartain DISTRICT,

11. Kim Taylor DISTRICT,

12. Briana Garcia DISTRICT,

13. Susan Nayeri DISTRICT,

14. Bart Rosebure DISTRICT,

15. Chassidy Olainu-Alade DISTRICT,

16. Ana Catalina Flores-Rau PARENT,

17. Nicole Juracek PARENT,

18. Allison Thummel, MPH, RDN, LDN PARENT,

19. Jigisha Doshi PARENT,

20. Sumita Ghosh PARENT,

21. Anthony Collins PARENT,

22. Vanessa Gaona PARENT,

23. Pearl Lam PARENT,

24. Cheryl McClamrock PARENT,

25. Shell McClue PARENT,

26. Whitney Moody PARENT,

27. Eugenia Peck PARENT,

28. Ayesha Saleem PARENT,

29. Dana Tran PARENT